

Aligning Your Life/Personal Interests with Your Career Goals

1. What's always on your mind? What do you think about a lot? If you were on the computer/internet, what would you spend your time reading or searching most?
2. What positive things do people say about you? What do people thank you for most often?
3. Who inspires you? Who would you most like to be like? Who are your heroes, your role models? Who do you envy most?
4. What do you help with that seems natural or easy for you? What do people come to you for? When you're at your best, what does it look like?
5. What are you amazing at doing (can be work- or life-related)? What are you great at? What do you do particularly well?
6. When do you feel powerful, passionate, free, incredibly useful, excited, and/or inspired?
7. Who do you want to help? Who would you like to inspire? Who's lives would you like to change?
8. If you had a chance to be known for something special or unique, what would it be? How do you feel you contribute (or could contribute) to society?
9. How would you like to be seen, recognized, acknowledged, awarded, praised – now and/or in the future? What's the legacy you want to leave behind? If you were to die tomorrow, what would you want people to say about you?
10. What is your biggest fear? What's the thing that scares you the most?

Questions

- What are my values?
- What is my purpose?
- What was I born to do?
- What are my unique strengths and talents?
- What is it that I can do for the world?
- How can I use my strengths, values, ideals, and purpose to serve my community and the world?
- How do I want people to remember me?
- What would my ideal life look and feel like?
- What characteristics do I aspire to and want to cultivate?
- What principles do I want to live by?
- What would I do if I weren't afraid?

Topics

- How you want to treat your partner.
- How you want to handle challenges, hardships, struggles, obstacles.
- How you want to treat your body.
- How you want to serve people on a daily basis.
- How you want to learn.
- How you want to live your life.
- How you want to be remembered.
- What you want to achieve.
- Who you want to be, what you want to become.
- How you want to treat other people - may include family, friends, people you meet every day.
- How you interact with the world.